



CHAMPIONSHIP FORMAT

Taranaki Tug of War Championship Rules 2020.
All Teams of 5 including team driver/coach, plus up to 2 reserves.

- 1.** Head Driver/Coach must report to the Tug Of War arena 15 minute prior to the teams scheduled start time.
- 2.** All team members will need to sign a waiver before competing.
- 3.** The direction for the match will be decided by coin toss.
- 4.** Once in position the judge will ask the captains if they are ready then give the command;
 - Take the strain, • Followed by PULL once both teams are heeled in.
- 5.** The winning team is the first to tug their opposition to 30 on the indicator or whatever team is ahead at the end of the time (1.30 min Trophy , 1min mixed and Lightweight and 30 sec Presidents)
- 6.** Pool matches will be run with one tug against each team in your pool, winner gets 3 points, draw 2 points, loss 1 point. A tie break pull may be required.
- 7.** Semi final is over two pulls and will be taken whoever wins the two pulls, If it is a draw after two pulls it will go back to points on indicator, If still a draw there will be a third pull.
- 8.** Final is out of three pulls, If a team wins two pulls they are the winners, Third pull only needed if it is tied after 2 pulls.
- 9.** The top 4 teams, based on points won during pool matches, will go through to the semi-final matches. Quarter final tugs may be held at the judge's discretion.
- 10.** If there are any ties after pool matches a knock-out round with ONE addition tiebreaker tug match will be run until only 4 teams remain.
- 11.** The direction of the tug for knock-out round(s) will be decided by coin toss.
- 12.** Substitutions to be approved by the judge.
- 13.** Ordinary footwear must be worn, no spikes, studs, heels allowed. Gloves may not be worn – chalk is acceptable;
- 14.** Grip spray is not acceptable.
- 15.** During the tug the rope must not be wrapped around wrist or any other part of the body.
- 16.** No surging of the rope or lifting up and down during tug. Rope must maintain constant level to the horizon and at a constant strain.
- 17.** To avoid potential injury, when a winner of a tug is declared, both teams must release rope together in a safe manner. Disqualification of the offending team may occur at the referees' discretion should the rope be released suddenly causing the opposite team to fall to the ground – no caution.
- 18.** Coaches/Head Drivers will remind their team of the rules before the competition and only Coaches/Head Drivers can consult with the judges. It is important that these rules are understood and adhered to by each team member.
- 19.** There will be two cautions allowed per team before disqualification.
- 20.** All team members will be lying on the Tug of War board. NO standing up, both feet are to remain on the cleat board.
- 21.** A team member is permitted to pull for only one team during a competition in any one division.